



Relationships  
Under Construction™



**Who We Are** *Relationships Under Construction (RUC)* teaches youth the blueprint for strong future families.

Our program addresses character development, goal setting, how to recognize healthy and unhealthy relationships, and dating violence while exploring the issues of fatherhood, motherhood and healthy family formation.

RUC teaches the importance of saving sexual activity for marriage. Consequences of sexual activity outside of marriage including STI/STDs, teen pregnancies and emotional bonding can negatively impact future relations. RUC helps teens and parents understand why avoiding these risks is so important.

***“This is absolutely the best way to help students realize the many consequences of pre-marital sexual activity. The students respond well to the interactive, non-threatening classroom involvement and to the caring concern of the presenters. They also respect the factual information presented as truths – not propaganda.”***

**High School Teacher - Ohio**

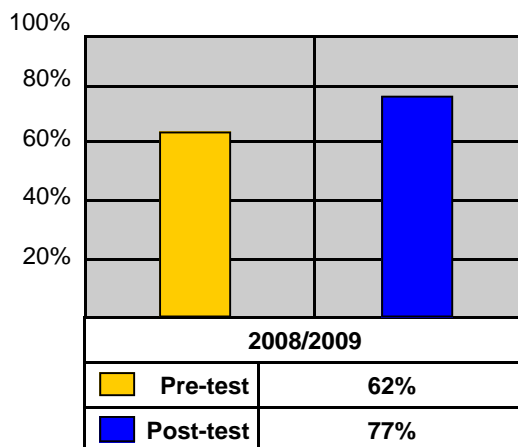


## Values Embodied in Our Program

- We believe in the integrity of youth and their ability to make healthy decisions when equipped with the right information.
- We believe in laying the foundation for a future that can include a healthy marriage and strong family relationships.
- We acknowledge behaviors have consequences, so we encourage healthy decision-making, individual responsibility and relationship education.
- We believe in the joy of sexual intimacy. We treat sexual intimacy with respect, understanding that it is best enjoyed in its perfect time and place within marriage.
- We believe in respect for self and others.
- We value life and believe in the pursuit of truth.
- We believe that the whole person is composed of moral, physical, emotional, intellectual, and social elements.



***In review of curriculum  
Relationships Under Construction was  
chosen by the National Abstinence  
Clearinghouse as the #1 most impactful  
relationship curriculum for students.***



**After programming, 77% of students agree that “It is important to be married before I have sex.”**

*“Relationships Under Construction is a well-designed curriculum for 6<sup>th</sup>-12<sup>th</sup> grades with a proven track record of statistically significant evaluation findings, making it evidence-based. RUC provides medically accurate curriculum that is practical and easy to use for the new or experienced teacher. I recommend it for use in middle and high schools everywhere.”*

**Peggy Hartshorn, PhD.  
President, Heartbeat  
International**



## Services We Provide

- Classroom Presentations
- Assemblies
- Parent Workshops
- Community Seminars
- Curriculum Training
- Mentoring Groups
- Newsletters
- Websites



**Relationship education saves taxpayers millions of dollars each year and saves our children from life-changing events which often lead to emotional devastation and poverty.**

**In areas where RUC programming was implemented the most, teen pregnancy and abortion rates have dropped significantly - as much as 50% in some counties. With your help, we are making a huge impact.**

***Relationships Under Construction works!***



# Relationships Under Construction™

Teaching youth the blueprint  
for strong future families

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