



Teaching youth the blueprint for strong future families

The State of Ohio passed the SAVE Students Act, which requires that starting the 2023-2024 school years, schools provide at least one hour of suicide prevention education in grades 6 through 12.

Relationships Under Construction is dedicated to student safety and prevention education and is passionate about serving schools by helping them meet the requirements of the law. As such, we are now offering our brand new Understanding Suicide Lesson for grades 7-12. This lesson is offered as part of our Constructing Safe Relationships Curriculum but is a stand-alone lesson. Understanding Suicide will provide one hour of suicide awareness and prevention education.

*The Save Students Act requires one hour each of suicide awareness and prevention, one hour of safety training and prevention, and one hour of social inclusion education. Relationships Under Construction has submitted this lesson and is awaiting approval from the Ohio Department of Education to be an approved curriculum.

Scope and Sequence

Save Act Requirements	Materials	Lesson Indicator Details
Instruct school personnel to identify the signs and symptoms of depression, suicide and self-harm in students	Detailed handout of teen depression and warning signs with action steps for teachers	Signs and Symptoms discussed within lesson.
Instruct students to identify the signs and symptoms of depression, suicide, and self-harm in their peers;	Suicide: How to help	Signs and symptoms are clearly listed on power points, discussed, and students are instructed to write down ones they have noticed in friends (anonymously) or themselves.
Identify appropriate mental health services within schools and within larger communities, and when and how to refer youth and their families to those services;	National resources are listed on Suicide: How to Help Card	National resources are part of power point presentation. RUC instructors are directed to locate local resources in the area of presentation (such as National Youth Advocates or Mary Haven) and post them in the classroom. RUC instructors also notify school social workers/counselors

		of the presentation and inform students of school personal availability.
Teach students about mental health and depression, warning signs of suicide, and the importance of and processes for seeking help on behalf of self and peers and reporting of these behaviors	Power Point Slides	RUC teaches suicide prevention from a holistic standpoint. Embedded within the lesson are symptoms of suicide from multiple perspectives, the importance of acknowledging symptoms, addressing and reporting them to trusted adults.
The importance of taking threats seriously and seeking help; How students can report dangerous, violent, threatening, harmful, or potentially harmful activity, including the use of the district's chosen anonymous reporting program		RUC understands the value of community and wrap around care and prevention. All schools are required to have an anonymous reporting system within the school. RUC instructors will identify the system and instruct students how to use it. Local law enforcement will also be listed as a resource and any school resource officers at the school will be welcomed into the class as a reporting option and trusted adult students can turn to for help.